



## **Sustainability Policy**

We are committed to reducing our impact on the environment wherever possible by taking the following actions.

### **Recycling**

- We sort all waste and recycle, paper, cardboard, plastics, glass, tin, batteries, ink cartridges, light bulbs.
- Welcome glass bottles of water in the guest room rather than plastic.
- Displayed signs within the en-suites to encourage reuse of towels.
- Old towels are reused for cleaning rather than disposing of.
- Cleaning cloths are washed and reused rather than disposables.
- Old furniture is given away rather than going into landfill.
- We use refillable ink cartridges for our printer.
- Our washing detergent bottles are made with recycled products and are fully recyclable.

### **Reuse instead of disposable**

- We provide a digital guide-book to reduce paper waste.
- In room hospitality tray is stocked with china mugs, glass wine glasses and stainless-steel spoon rather than plastic.
- In the bathroom we use refillable toiletries rather than single use products.
- Guests are not required to show confirmation of booking at check-in thus reducing paper waste.
- In an attempt to save paper, we can email receipts instead of printing.
- We decant fresh milk into our own reusable glass screw top bottles, replaced daily in the in-room and communal mini bars, saving over 5,000 single use UHT milk pods annually.

### **Water Conservation**

- More than 50% of the toilets available for guests' use are fitted with dual flush option reducing water consumption.
- All our guests en-suites have the option of a shower which uses less water than baths.
- All washing machines are fully loaded before use, maximizing efficiency and have 1400 spin speed to reduce drying times. They are also designed to reduce water consumption.
- We process onsite all of the laundry generated from within the property. Consequently, we have complete confidence about the sustainability of our laundry practices.
- Kettles in guest rooms are small and have clear markings to help guests boil only the volume of water they require.
- We are planning to install water butts in the garden, to harvest the rainfall falling on the outbuildings.

## **Energy Consumption & Heating**

- We have installed 22 400w solar panels to reduce energy demand from the national grid.
- All lights throughout the guest house apart from two are LED.
- All washing machines are rated A or higher.
- All letting rooms TV's are switched off at the mains when not in use.
- All business appliances are switched off at the mains when not in use.
- Radiators are fitted with thermostatic controls.
- Radiators in unoccupied rooms are always switched off.
- Boilers are serviced every 12 months to ensure they are running efficiently and effectively.
- Two energy efficient boilers have been installed along with a low loss header which improves the efficiency of the boilers even further.
- Floors are zoned for heating and hot water, so can be switched off when not in use.

## **Food**

- We operate a stock rotation system to reduce waste.
- We purchase food locally.
- Unused hot food that has not been served is consumed by the family.
- All other surplus food is either consumed by the family or given away.
- The only food that goes in the bin is partially consumed food from guest plates and fruit juice where the packaging sometimes bloats prematurely.
- In-room tea 'bags' are biodegradable, and plant based with no plastics.
- Breakfast tea bags and filtered coffee are Rainforest Alliance Certified.
- In-room welcome chocolate are Rainforest Alliance Certified.
- All sugar is Fair Trade.