

THE BOWDEN LODGE

Breakfast Menu

Breakfast is served between 8am – 9am in the guest dining room.

Drink

Choose from Traditional English, Earl Grey, Decaffeinated, Fruit, Green and Peppermint Tea.

Or - Fresh Coffee (Incl. Decaffeinated).

Orange Juice or Apple Juice.

Please choose from the following items:

Cereals: Weetabix, Cornflakes or Fruit & Fibre.

Fresh Fruit: Bananas, Melon, Pineapple & Grapes.

Home Baked Items: Chorley Cakes or Flapjack with dried Apricots.

Wrapped Items: Pain au Chocolate or Sweet Muffins.

Thick Yoghurts: Raspberry, Strawberry or Rhubarb.

Please order your main course..... (All cooked fresh to order)

- **Traditional Full English Breakfast**

Consisting of a free-range egg (as you like it), un-smoked back bacon, sausage, mushrooms, fresh tomatoes, baked beans.

- **Full Vegetarian Breakfast**

Consisting of your choice from free range egg (as you like it), fresh tomato, mushrooms, baked beans, and vegetarian sausage.

Eggs as you like them on toast

Choose from fried, poached, or scrambled eggs served on white or wholemeal toast.

- **Beans on Toast**

A slice of white or wholemeal toast topped with baked beans.

- **Light Breakfasts**

Choose from Boiled Egg(s) or Tomatoes & Mushrooms on toast

- **Alternative Breakfasts**

Choose from Bacon or Sausage Sandwich on white or wholemeal bread.

Choose white or wholemeal toast with a selection of preserves.

All menu options are subject to availability